

Mezzes

Hummus Balzem*^V with toasted pita	7
Spicy Feta Dip*^N walnut, cucumber, dill, pita*	8
Babaganoush* with toasted pita	7
Seared Tuna with caper and olive dressing	14
Grilled Portobello cheese, tomato, arugula vegan option available	14
Zucchini Pancakes* dill, parsley, scallion, feta, egg, flour	14
Burrata with tomato, basil and balsamic reduction	15
Crevette Grille shrimp with zucchini and spices	16
Manti* authentic Turkish beef dumplings with yogurt, butter, dry herbs; only for the yogurt lover!	17
Truffle Mac & Cheese*	16
Artichoke Dip* with shrimp, spinach, gruyere	18
Italian Meatballs*^N with veal, pine nut, raisin, parmesan, spices, tomato sauce	16
Prosciutto Wraps with burrata, roasted peppers	16
Balzem Ceviche with avocado, octopus, tuna, shrimp, pico de gallo	16
Octopus spanish pulpo cooked in red wine saucepan seared and served on arugula salad	17
Escargot butter, garlic, white wine sauce	19
Daily Oysters	15 29

balzem Lunch

Lunch Special

Soup + Salad with choice of protein	23
OR	
Soup + Sandwich	23

Sandwiches

Grilled Chicken*^N with pesto, tomato, greens, on ciabatta	18
Ribeye Sandwich* with aioli, caramelized onions and peppers and cheese, on ciabatta	18
Caprese*^N with fresh basil, tomato, pesto, on ciabatta	18
Burger Balzem* 8oz beef, balzem dressing, tomato, arugula, sesame seed bun	18
Portobello Burger* with sundried tomato and spinach	18
Tuna sandwich with seared tuna, avocado, arugula, capers, basil aioli	19

All sandwiches and burgers are served with side of fries and salad. Add cheese to any sandwich for \$2

Soups

Chicken Orzo*	7
Lentil with Sausage vegan option available	7

Entrees

Grilled Brochette: Lamb, Chicken Or Ribeye* on skewers, with herb dip, yogurt dip, lavash bread, side of potato gratin	24
Lamb Chops* with potato gratin and arugula	28
Tavern Chicken* flat thigh marinated in red pepper paste and herbs, grilled and served on cracked wheat veggie rice and side of tomato and greens	24
Wild Salmon pan seared Canadian wild salmon with mashed potatoes and asparagus	31
Lazzoni Sea Shepherd shepherd salad tossed with spanish octopus and shrimp	21
Balzem Pasta^N mussels and shrimp OR chicken with red sauce	25
Moules Frites mussels with white wine sauce and frites	23
Steak and Eggs cooked to choice, with sliced 4 ounce ribeye, panseared	24
Avocado Toast* tomatoes, egg and spices	15

Antipasti

Cheese	26
Charcuterie	26
Misto	26

Salad

Quinoa^V arugula, asparagus, roasted walnuts, apples	15
Arugula & Spring Mix^V tomato, cucumber, herbs, fresh lemon and olive oil dressing	15
Greek Salad^V tomato, cucumber, green pepper, parsley, olive, red onion, mint, lemon dressing	16

Add chicken, tuna, steak or shrimp for \$6

Balzem flatbread pizza

Mushroom, Truffle Oil*	19
Artichoke & Prosciutto Di Parma*^N	19
Tomato & Beef Sausage*	19

All pizza made with flatbread and asiago cheese

Sides

Grilled Asparagus^V	10
French Fries^V	7
Avocado	5
Spinach Saute	9
Potato Gratin*	10

* — Indicates Gluten Or
Gluten Product
N — Contains nuts
V — Vegan

